

# The City of York Pennsylvania

Our MISSION is to ensure a safe, clean, healthy, productive city where neighborhoods are revitalized, history is preserved, the natural environment is respected, and where all people can reach their full potential through education, commerce, culture, recreation and wellness.





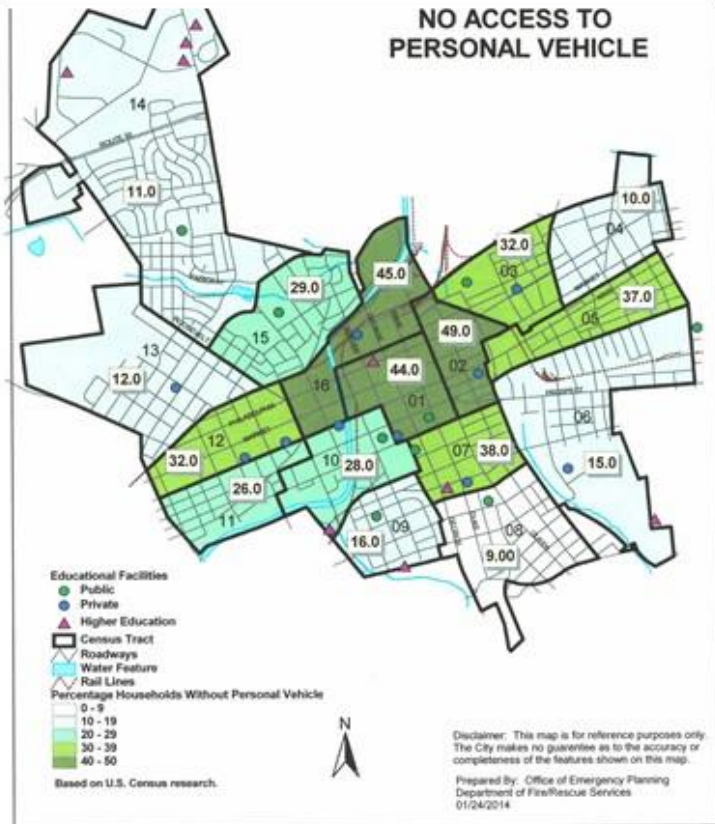
# Bureau of Health

Mission: To promote and protect the health of York City.

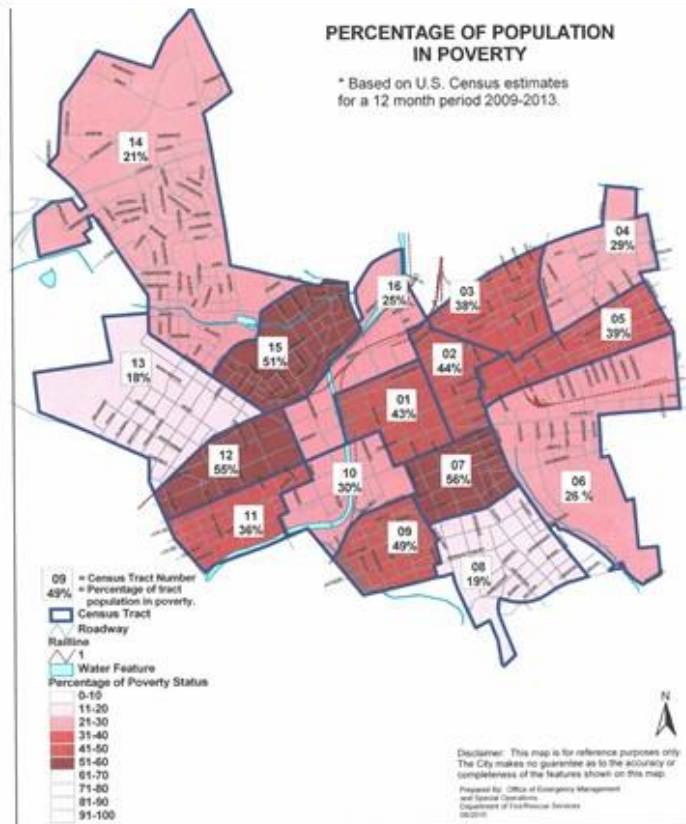
# York City, PA Snapshot

- Population: 43,848
- 5.29 square miles
- Median Household Income: \$30,068
- Median home value: \$76,100
- Unemployment
- % Below Poverty: 36%
- Race/Ethnicity
  - White (non-Hispanic): 39.4%
  - Black: 27.0%
  - Hispanic/Latino: 30.9%
  - Asian: 1.0%

## No Access to Personal Vehicle



## At or below poverty line



# 2018 Community Health Needs Assessment

## Behavioral Risk Indicators:

74% Participated in physical activities or exercise in past month

16% Exercised 30 minutes on five days in past week

72% BMI overweight/obese

## Conditions:

34% high cholesterol

39% high blood pressure

11% has heart disease/had heart attack or stroke

12% diabetic

# Key Strategies

- Complete Streets Policy
  - Implemented in 2012
- Bicycle Friendly Community Program
  - Bronze level in 2014
  - Silver level in 2018
- Eat Play Breathe York
- Active Transportation Committee
- *Opportunity to **engage** a wide variety of stakeholders across multiple sectors (city government, health and wellness, economic development, planners and transportation engineers, public transit, educators, etc.)*
- *Sets a **roadmap** for ongoing efforts and continuity*





# Safe and Healthy Communities

- This project was funded by the Pennsylvania Department of Health's Preventive Health and Health Services Block Grant
- Safe and Healthy Communities Program (PSEs):
  - (1) increase healthy lifestyle behaviors including safe, physical activity and healthy eating
  - (2) improve transportation-related safety for those who walk, bike and take public transit (active transportation)
- CDC Guide to Strategies to Increase Physical Activity
- ACHIEVE – CDC, (2010); REACH Grant, CDC (2013)

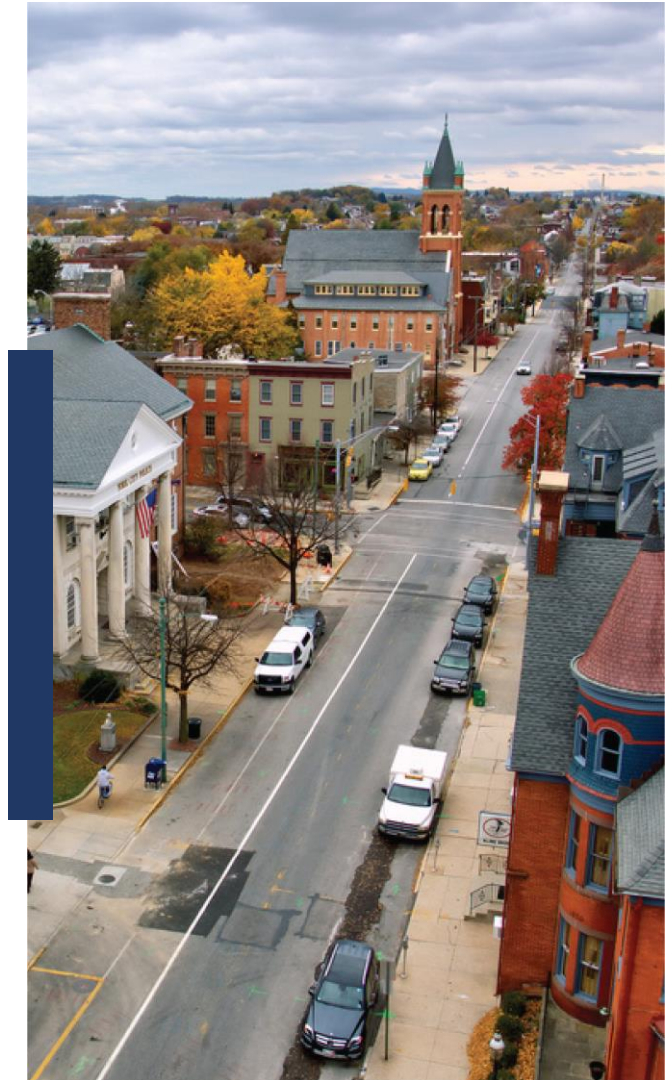
# Goals for Complete Streets Policy/Bicycle Friendly Community

1. Provide active transportation opportunities to increase physical activity by improving conditions for pedestrians, bicyclists, and public transit riders
2. Provide an equitable transportation system for people that lack access to a personal vehicle
3. Increase safety and reduce likelihood/fear bike and pedestrian injuries and deaths
4. Increase recreational opportunities for walking and bicycling and link with other community amenities to improve quality of life and public health

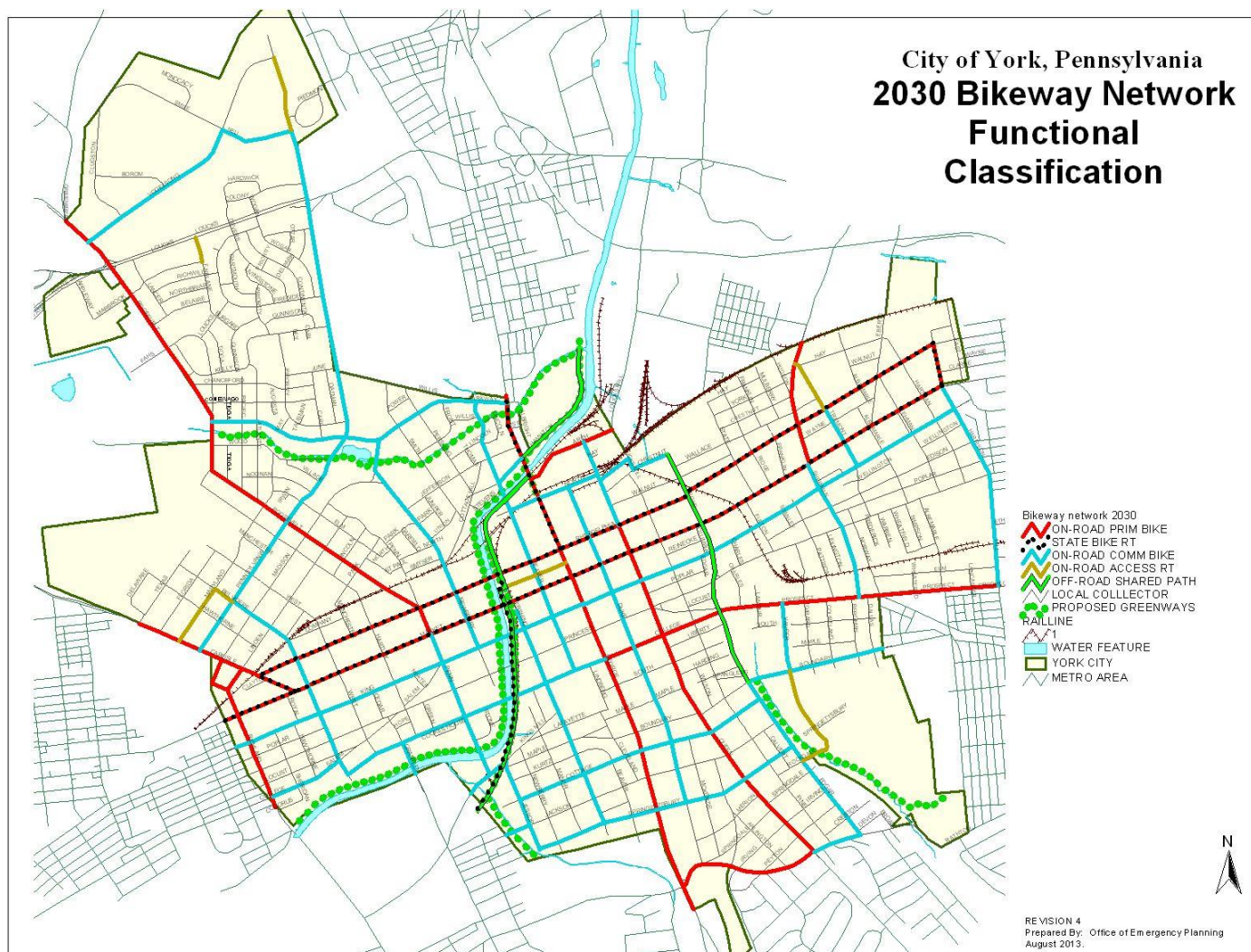


# Engineering

- 11.56 lane miles added to bike network
- 81 high-visibility crosswalks added/improved
- 127 bike parking racks in public locations
- Rail Trail/Street Lighting Improvements
- Zagster Bike Share - Launched in 2017; expansion during 18/19
- Coordinating bike/ped facilities with public transit
  - Rail Trail, King St. Bikeway, Bike Share, Public Repair Stations
- Replacing 'No Bikes' signage with bike-friendly signage
- Planned bike/ped facilities in next 4 years:
  - Heritage Rail Trail connection through Downtown York (1.0 miles)
  - King St. Bikeway improvements – 2 way cycle track (1.6 miles)
  - George St. Project - Shared Use Path/Bike Lanes, Traffic Calming
  - King/George St. Ped/Bike Lead Timing
  - 8.82 Lane Miles by 2022



# City of York, Pennsylvania 2030 Bikeway Network Functional Classification







**PATH / TRAIL**  
Bikes ride on a trail  
away from road



**BIKE LANE**  
Bikes ride in a  
separate lane  
next to traffic



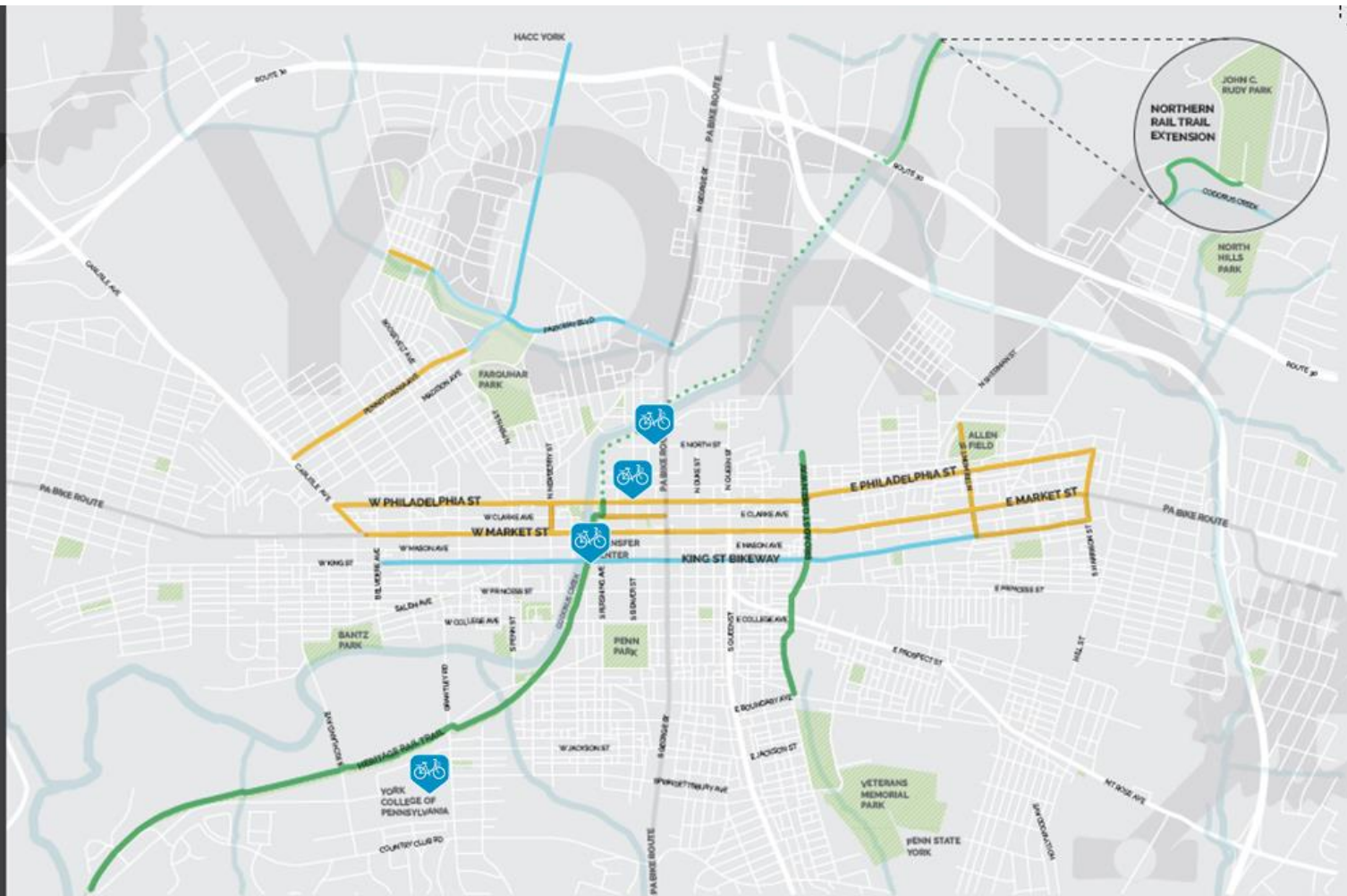
**MARKED  
SHARED LANE**  
Bikes ride in traffic  
Look for sharrows

Planned for 2018-2020

**BIKE**



**YORK**







Vs.

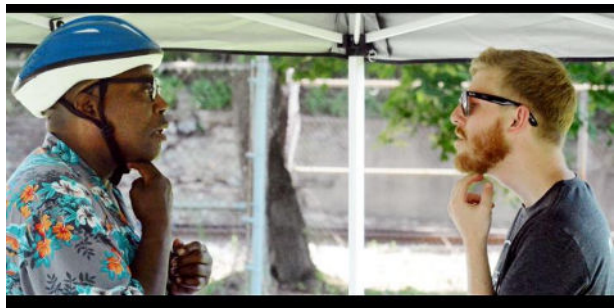






# Education & Encouragement









# Evaluation



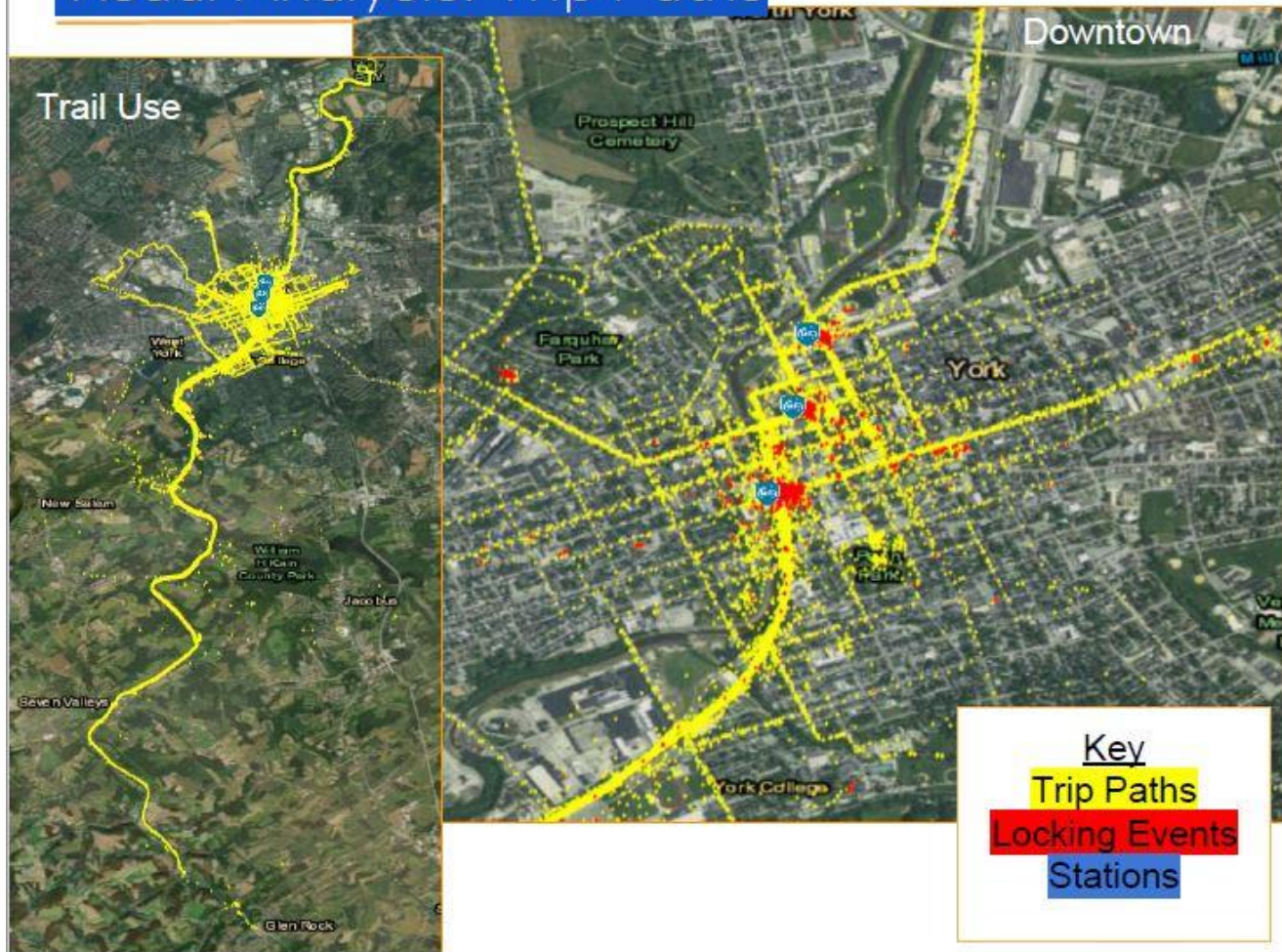
2012 - 5,948	August 2018: 1,669
2013 - 6,687	August 2017: 1,225
2014 - 7,743	May 2018: 1,219
2015 - 8,505	May 2017: 885
2016 - 11,150	
2017 - 12,271	



- 4 stations
- 19 bikes
- 490 current members
- Average ride time: 63 minutes
- Mostly recreational/fitness riding; some commuter behavior
- Cost is subsidized via sponsorship model:
  - Annual Plan - \$20/yr
  - Commuter Plan - \$10/month
  - Hourly - \$3/hr



# Visual Analysis: Trip Paths



# Next Steps

- Community Engagement
- Education & Encouragement
- Work w/ adjacent municipalities

**Craig Walt, MPH**  
Bureau of Health  
Department of Economic &  
Community Development  
[cwalt@yorkcity.org](mailto:cwalt@yorkcity.org)  
(717) 846-6730

